



Meeting Agenda

Safe and Healthy Aging Coalition

Date: January 22, 2024

Meeting Time: 3:00-4:00pm

Next meeting: February 26, 2024

The mission of the Safe and Healthy Aging Coalition is to connect and convene sectors and professionals that provide the support, services, and infrastructure to promote equitable opportunities for health and wellbeing for the aging residents of Benton and Franklin Counties.

Member Introductions

- Name/Agency
- Ice breaker: *Please share one thing you enjoy doing to promote your well-being?*

Charter

- No changes at this time

Age-Friendly Public Health Systems Monthly Update

- TFAH's December AFPHS recording focused on Complementing Existing Systems: [AFPHS Training December 2023 - 6Cs: Complementing - YouTube](#)

Presenter or Member Spotlight

- **Alexis Bonoff – Alzheimer's Association**

Revisiting 2023: Open Discussion

- How did participation in the Safe and Healthy Aging Coalition impact you in 2023?
- What ideas have been brought up that we hope to address in 2024?
- Suggestions for areas of focus, community involvement or speaker topics for 2024?

Education, Events, Training Opportunities and Member Updates:

| Agency/Group/Event: | Update: |
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| Pasco Fire Department | Otago Classes at adult family homes to reduce falls Wall bars for Pasco residents (fall risk) |
| People for People 2-1-1 | 211 is the connection for general information including traumatic brain injury Call 211 or text 211WAOD to 898211 For information regarding Earned Income Tax Credit: eitc awareness day 2 Earned Income Tax Credit (irs.gov) |
| Mobility Advisory Taskforce | BFT fare structure and Dial A Ride price survey link: Fare Study Ben Franklin Transit (bft.org) |
| Kadlec Community Health | Upcoming events/workshops: Kadlec Community Health/Neurological Resource Ctr Events Eventbrite |
| Kadlec Community Health Washington State Department of Health | Virtual: Falls Prevention Program – 2/6/2024 12:00-1:00 VIRTUAL FALLS PREVENTION PROGRAM Tickets, Tue, Feb 6, 2024 at 12:00 PM Eventbrite |
| Kadlec | Enhance Fitness Exercise Course for Seniors call 509-942-2990 and ask for Kathy Piper |
| Kadlec Community Health Alzheimer's Association | Virtual: Understanding Alzheimer's&Dementia 2/13/2024 ALZHEIMER'S PROGRAM: Understanding Alzheimer's & Dementia Feb. 13 - VIRTUAL Tickets, Tue, Feb 13, 2024 at 1:00 PM Eventbrite |
| SE WA ALTC | Aging and Disability Resource Center for Benton & Franklin Counties 509-735-0315 3311 W Clearwater Ave Kennewick |
| DOH | Older Adults Fall Prevention information contact: stephanie.kunold@doh.wa.gov |
| Benton Franklin Community Action Committee: Weatherization and Health | For assistance contact: Benton Franklin Community Action Committee : Helping People, Changing Lives, One Person at a Time (bfcac.org) 509-545-4042 |

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| Benton-Franklin Health District: Community Health Improvement Plan updates | Questions or updates please contact KellyL@bfhd.wa.gov |
| DSHS Mobile Outreach | Contact Stephanie Edmondson 509-564-4769 Stephanie.edmondson2@dshs.wa.gov |
| Alzheimer's Association | 24/7 Helpline: 1-800-272-3900 Research: Alzheimer's & Dementia Research Alzheimer's Association Clinical Trial: TrialMatch - Free Clinical Trial Matching Service alz.org |