

Meeting Agenda

Food Access and Security Coalition

Date: November 27, 2023

Meeting Time: 12:30-2:00 pm

Next meeting: **Up for Discussion (Dec. 15/Jan. 22)**

I. Member Introductions

- Name/Agency
- **Ice Breaker:** What do you see as the greatest need in our communities regarding access to safe and nutritious foods?

II. Old Business

- Documentation: [Recordings, agendas, minutes](#)
- Member Spotlight: [Sign up here!](#)

III. Member Spotlight OR Topic Spotlight

- Presentation: Stephanie Edmondson, Washington State Department of Social and Health Services on Mobile Outreach Trucks

IV. Updates on Current Activities

- Food as Medicine: Karen Hayes, Kadlec
- Nutrition Education Subcommittee: Update

V. Action Planning/Future Collaborative Efforts

- Food Security Assessment
- Nutrition Education
- Reducing Food Waste

VI. Partnership Building

- Review active membership representation: Stakeholder Activity
- Identification of potential partners and stakeholders not present: **Send Honor referrals to add to the distribution list.**

VII. Open Floor

- Organization round-table updates
- Share: Warming Centers

VIII. Action Items and Next Steps

- Summary of the outcomes of the meeting, determination of next steps and action items
- Assignment of responsibilities and deadlines

IX. Adjournment

Other Information

Guests:

Stephanie Edmondson, Washington State Department of Social and Health Services

Resources:

State

1. [Resources for Understanding the Food System in Washington](#)
2. [Skagit County Food Security Report- Food Security Assessment Example](#)
3. [Washington State Food System Assessment](#)
4. [WAFOOD Brief 15 – Washington State Food Security Surveys: Longitudinal findings across survey waves 1-4, 2020-2023](#)
5. [Feeding America: Map the Meal Gap](#)
6. [Farm Bill 2023 Recommendations](#)
7. [What is the Farm Bill?](#)

National

8. [State of Obesity 2023: Better Policies for a Healthier America](#)
9. [National Strategy on Hunger, Nutrition, and Health](#)

Upcoming Dates:

- Next meeting is TBD

Education, Events, Training Opportunities:

- **Virtual Public Meeting and Listening Sessions on Strategies to Reduce Added Sugars Consumption in the United States:**
November 6 - 8, 2023
[Watch the recording](#)
- **Healthy Eating Rx: Improving Nutrition Through Health Care**
November 14, 2023
[For more information and to register](#)
- **Prioritizing Cost-Effective & Equitable Healthy Eating & Physical Activity Strategies**
November 16, 10:00-10:50am
[For more information and to register](#)
- **Front-of-Package Nutrition Labeling Virtual Public Meeting**
Thursday, November 16th
[For more information and to register](#)
- **Food Forum 30th Anniversary Symposium**
November 30, 2023
[For more information and to register](#)

Literature we're reading:

Food Security:

- [Food Insecurity Is Getting Worse. What Can We Do About It?](#)
- [USDA and ERS released the Household Food Security in the United States in 2022 report.](#)
- [Food Pantries Act as a Lifeline for College Students as State Works to Address Food Insecurity Crisis](#)
- [Updates on Children's Health](#)
- [Study: Almost One in Four Undergrads Experienced Food Insecurity](#)
- [Study links food insecurity to higher health care spending](#)
- [What Anti-Hunger Advocates Need to Know About Standardized Screening for Food Insecurity and Other Health-Related Social Needs](#)

Access:

- [Half those eligible for the food assistance program WIC aren't using it, new USDA study finds](#)
- [National and State Level Estimates of WIC Eligibility and Program Reach in 2021](#)
- [New USDA WIC Coverage Report Released](#)

Food as Medicine:

- [PHI Study: Participants in Food as Medicine Program Showed Clinically Significant Improvements in Managing Diabetes](#)
- [True Cost of Food: Food is Medicine Case Study](#)
- [Impact of Produce Prescriptions on Diet, Food Security, and Cardiometabolic Health Outcomes: A Multisite Evaluation of 9 Produce Prescription Programs in the United States](#)

Food Equity:

- [Article: Living in Food Deserts Is Associated with Shorter Life Expectancy in the US](#)
- [Blog: New Survey Highlights the Role of Health Care Providers in Food Insecurity Screening and Intervening](#)

Nutrition:

- The United States Department of Agriculture's Food and Nutrition Service (FNS) has launched a new webpage to showcase innovative and creative child nutrition programs that support the nutritional security of children! These child nutrition success stories and future stories can be found [here](#).
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Obesity:

- [Moving Food and Beverage Policies Toward Equity](#)

Sign-On Documents and Opportunities for Input

N/A

Legislative Updates