



Food Access and Security Coalition

Meeting Minutes

09/18/2023

Facilitator: Honor Crawford		
Attendees:		
Honor Crawford, Benton-Franklin Health District Carla Martinez, Mid-Colombia Meals on Wheels Marisa Hansen, Kennewick Housing Authority Eric Williams, Second Harvest Adilenne Espindola, ESD 123 Lauren Carlson, Benton-Franklin Head Start Eunice Aguilar, Benton-Franklin Health District		Daphne Gallegos, Benton-Franklin Health District Joyce Newsom, People for People, 2-1-1 Daisy Parra-Padilla, Benton-Franklin Health District Diana Henning, Kadlec Kelly Harnish, Benton-Franklin Health District Rebekah Tuno, Benton Franklin Workforce Development Council
Agenda Items	Purpose	
1. Welcome and Introduction 1.1. Name, agency, icebreaker	Networking, context building	<ul style="list-style-type: none"> Completed
2. Old Business 2.1. Gratitude 2.2. Documentation: Recordings, agendas, minutes 2.3. Member Spotlight 2.4. Toxic Algae Update	Recap and check-in	2.1 Gave thanks! 2.2 Past meeting recordings, agendas, and minutes are located here . 2.3 Member Spotlight sign-up is located here . 2.4 General community update regarding Toxic Algae in the Colombia River. BFHD tests 6 sites along the Colombia River and noted cyanotoxin algae levels above recreational guidelines at the Howard Amon Swim Beach. Be aware of signage posted along the river.

Agenda Items	Purpose	
<p>3. New Business</p> <p>3.1. WA Food Policy Council</p> <p>3.2. Establishment of subcommittees</p> <p>3.3. Identification of community resources</p>	<p>Discuss</p>	<p>3.1 Honor had a meeting with the Office of Farmland Preservation Coordinator, Kate Delavan, and will attend the WA Food Policy Forum to look for ways they can support our coalition work.</p> <p>3.2 Subcommittee: Diana Henning, Adilenne Espindola, Daisy Parra-Padilla, Meike VanDonge, and Joyce Newsom volunteered to participate in a non-time intensive subcommittee on current efforts.</p> <p>3.3 Resource ID:</p> <ul style="list-style-type: none"> • Honor shared K.E.R.N.E.L. or Kids Eating Right Nutrition & Exercise for Life a youth-oriented nutrition and physical activity program designed to engage children in learning about lifelong healthy eating habits, gardening, and exercise. Their sponsor is TC Community Health. • Honor shared that Opportunity Kitchen with Colombia Industries is enrolling for their next food service training class. Designed to help individuals facing barriers to employment gain skills to find/maintain jobs in the food service industry.
<p>4. Member Spotlight/Topic Spotlight</p> <p>4.1. No volunteers</p>	<p>Awareness</p>	<ul style="list-style-type: none"> • No volunteers this month.
<p>5. Updates on Current Activities</p> <p>5.1. Kadlec Produce Rx Program</p> <p>5.2. FResCo (Food Research Equity Collaborative)</p>	<p>Stay informed</p>	<p>5.1 No Produce Rx Program update at this time.</p> <p>5.2 FResCo presentation for the coalition in October.</p>

6. Action Planning and Future Collaborative Efforts

6.1. Nutrition Education/Cooking Classes

- Second Harvest Kitchen
- CATCH Program

6.2. Food Security Data Reports

- Skagit County Food Security Data Report

Planning

6.1

- Honor recapped that this activity planning arose from needs expressed by representatives of the local food banks and other individuals that the Tri-Cities may not have a lot of lifestyle/nutrition education efforts at this time.
- Food banks may see certain types of foods left on the shelves or individuals may express unfamiliarity with how to use the foods that they're receiving.
- Potential to revitalize previous efforts and make them culturally competent and FUN (nonprescriptive).
- Second Harvest has a nutrition curriculum in place, so our subcommittee could look into that and see if it's something that we can use.
- The subcommittee may consider target audiences, content/curriculum development, materials and resources, venue and logistics, promotion and marketing, and funding opportunities.
- Daisy Parra-Padilla, Adilenne Espindola, Joyce Newsom, Meike VanDonge, and Diana Henning will start the subcommittee.

- Diana Henning was initially hired as the CATCH Coordinator which is to implement nutrition and fitness activities in schools pre-COVID. CATCH is not intended to be implemented by one person, it's designed for the coordinator to be able to go into the schools and have staff use the curriculum.
- CATCH is free and virtual.
- School staff don't seem to have the capacity to learn one more program but are happy to have someone come present.
- Joyce Newsom asked if there were incentives, and Diana H. replied that Kadlec Academy used to have watches (sqord) so kids could compete for higher physical activity levels, but no longer do.
- CATCH Foods are GO, SLOW, and WOAHA, which might be a better curriculum for younger ages.

6.2

- Honor mentioned that it may be beneficial to complete a food security data report similar to the one completed in Skagit County.
- Eric Williams mentioned that Second Harvest is a part of Feeding America which has a lot of data that drills to the county level, and recommended reviewing the WAFoods survey.

<p>6.3. SNAP-Ed WSU</p>		<p>6.3</p> <ul style="list-style-type: none"> • Honor gave an overview of the current WSU SNAP-Ed focus and activities. • The current focus is on policy, system, and environmental changes. • Current activities include having a presence at local farmers markets, smarter lunchroom cafeteria changes local procurement in schools, and establishing school garden programs. • No traditional nutrition education like in the past at the moment. • Meike VanDonge provided background about the SNAP-Ed programs. When she initially started they were heavy in nutrition education classes (around 50 classes in TC) including in the Head Start programs. Then they moved into 1-2nd grades then 3-5th grades. In schools in Pasco, Kennewickm North Franklin, and Finley. Then the directive to do more policy, systems, and environmental work came, so currently they aren't doing nutrition education classes. In the past (pre-COVID), they have worked in food banks and done food demos, and recipes. • Classes were great (Cooking Matters was a great curriculum), SNAP-Ed must have use an evidence-based curriculum. • In the past the Master Gardeners have also done a lot of work in the schools in work with Planter Row and they work with the Tri-Cities Food Bank, a lot of garden-based education (community and school gardens).
<p>6.4. Reducing Food Waste</p>		<p>6.4</p> <ul style="list-style-type: none"> • Diana Henning brought up Food Waste in schools. She mentioned how kids must put a fruit or vegetable on their tray and oftentimes that is just thrown away leading to incredible food waste.

		<ul style="list-style-type: none"> • Eric Williams mentioned that the Department of Ecology is taking the lead on waste in general, and there is a large subcommittee on food waste. there is likely to be state legislation on food waste. • Daisy Parra-Padilla mentioned that the speakers that will be attending FASC next month will be from UW and are working with the Department of Ecology to create a map focused on food waste in restaurants. • Honor asked if we could get information/data from the schools to ascertain the level of food waste in schools to package that information as recommendations to share with our legislators. • Diana Mentioned she will inquire with the Food/Nutrition manager at the Richland school district to learn more information about what we can and cannot do within the schools regarding food waste.
7. Partnership Building	Identify missing parties/sectors/individuals	<ul style="list-style-type: none"> • Invite Honor to present to your organization about the 2023 Benton-Franklin Community Health Improvement Plan! • Feel free to suggest changes to the chip strategies and language that relate to FASC!
8. Open Floor/Partner Updates	Round table updates for Awareness	<ul style="list-style-type: none"> • Joyce Newsom shared that People for People is looking to apply for funding to provide bus passes to folks needing them. Joyce is looking for contacts within agencies that work directly with those client groups in need. Joyce asks if you are aware of those transportation needs from your clients to email her. jnewsom@pfp.org <p>Joyce is also seeking letters of support and can provide any interested folks with a Letter of Support template to fill out.</p>
9. Action Items and Next Steps	Summary and assignment of responsibilities	<ul style="list-style-type: none"> • Daisy Parra-Padilla, Adilene Espindola, Joyce Newsom, Meike VanDonge, and Diana Henning will meet briefly after this meeting to begin the subcommittee.