

# Food Access and Security Coalition

06.26.2023



## Minutes

### Attendees

<input checked="" type="checkbox"/> <b>Kelly Harnish</b> , Benton-Franklin Health District	<input checked="" type="checkbox"/> <b>Crystal Bright</b> , WorkSource Columbia Basin
<input checked="" type="checkbox"/> <b>Honor Crawford</b> , Benton-Franklin Health District	<input checked="" type="checkbox"/> <b>Diana Henning</b> , Kadlec Community Health
<input checked="" type="checkbox"/> <b>Juan Hurtado</b> , ESD 123	<input checked="" type="checkbox"/> <b>Elizabeth Garcia-Mitchell</b> , Benton-Franklin Council of Governments
<input checked="" type="checkbox"/> <b>Lars Richins</b> , Benton-Franklin Health District	<input checked="" type="checkbox"/> <b>Karen Diaz</b> , Housing Authority of the city of Pasco and Franklin County
<input checked="" type="checkbox"/> <b>Leslie Stahlnecker</b> , ESD 123	<input checked="" type="checkbox"/> <b>Lizann Powers-Hammond</b> , WSU Extension
<input checked="" type="checkbox"/> <b>Marisa Hansen</b> , Kennewick Housing Authority	<input checked="" type="checkbox"/> <b>Lauren Carlson</b> , Benton-Franklin Head Start
<input checked="" type="checkbox"/> <b>Jessica Garcia</b> , Benton-Franklin Health District	<input checked="" type="checkbox"/> <b>Daphne Gallegos</b> , Benton-Franklin Health District
<input checked="" type="checkbox"/> <b>Eric Williams</b> , Second Harvest	<input checked="" type="checkbox"/> <b>Breanna Zavicar</b> , Coalition for a Healthy Benton City
<input checked="" type="checkbox"/> <b>Yajaira Lemus</b> , Benton-Franklin Health District	
<input checked="" type="checkbox"/> <b>Adilene Espindola</b> , ESD 123	
<b>Facilitator:</b> Honor Crawford	<b>Recorder (Rotating):</b> Yajaira Lemus

### I. Welcome and Introductions (Name, agency, title)

**Prompt:** Name, agency, title.

**Icebreaker question:** Share a childhood food memory that brings back nostalgia? OR How do you think cultural or social factors impact food security and people's access to nutritious foods?

#### Old Business

- **Annual Calendar:** Our **meeting day and time remain the same**. Any dates that fall on a holiday will automatically be rescheduled for the following Monday at 12:30.
- **Member Spotlights:** Our coalition survey indicated a desire to bring back member spotlights. You should have received an **email with a Sign-Up Genius to select a month for your own member spotlight!**
- **Community Spotlight:** Community Spotlights are intended to feature other members within our regional food system for educational purposes and opportunities to see where we can get involved. **Send me your suggestions/recommendations for whom you'd like to hear from!**
- **Membership:** Invite a friend and invite decision-makers! Honor will send out the **distribution list, please give it a look and send me recommendations for missing representation or feel free to invite them yourselves!**
- **Meeting Format:** 43% prefer virtual, 36% prefer a mix of both virtual and in-person meetings, and 21% prefer hybrid (in-person and virtual at the same time). **We will have one hybrid/in-person meeting quarterly to get to know each other and develop deeper relationships as coalition partners.**

**Review of Charter mission, vision, and purpose:** Changes have been made to the Charter mission and purpose. Please review the updated charter and **send Honor feedback if you find something that you feel is not representative of FASC.**

## II. Review and Discussion of the Current State of FASC

Honor gave a presentation to reorient the coalition and harness collective potential and shared data from the WAFOODS survey with regional food security data post-COVID and a review of the Spokane Food Policy Council as a potential path forward for the FASC. **Watch the recording if you missed the meeting.**

### Key Points Below:

The 2022 health need assessment let us know that our community wanted more **collaboration beyond conversations leading to solutions and improvements.**

Coalitions can be a catalyst for change in our community and can absolutely be a place to exchange knowledge, and ideas BUT must be more than a social group. We must have shared purpose, responsibility, and accountability.

### Social groups good and necessary but...

- When we stop at shared purpose, we have a culture of meeting just to meet.
- A lack of shared responsibility creates a culture where one person or a couple of people are doing ALL the work which is unsustainable and leads to burnout.
- A lack of shared accountability creates misalignment and further siloing and leaves no pathway to measurable outcomes and success as a group.

## III. Updates on Current Activities

**The 2023 Community Health Improvement Plan is published and on the BFHD website! [Click here to view it!](#)**

## IV. Action Planning/Future Collaborative Efforts

More to come!

## VI. Partnership Building

**Identification of potential partners and stakeholders not present:** We want to recruit the right individuals to see what we have to offer, reach out and invite someone or send your recommendations to Honor.

## VII. Open Floor (Who, what, notes)

Crystal Bright: Asked about where to find and refer individuals for emergency food resources. Do we have solutions for food emergencies, especially for individuals who might have no access to food banks?

Karen Diaz: Replied that the local Union Gospel Mission: you don't have to live there or sign up to go get food as well as they have showers.

Honor mentioned the Restoration Market: No income eligibility.

Karen: Replied that they are very busy so you need to sign up once a month and wait for your slot. They're booked out for months, especially with the end of P-EBT (Pandemic EBT) funds leaving.

Eric: Mentioned that you can log onto the 2nd harvest website. Their "Food Near Me" tab is up to date.

## VIII. Action Items and Next Steps

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- Eric Williams to follow up with his contact at the Spokane Food Policy Council to gauge interest in presenting to our group.
  - Eric Williams connected Honor with a colleague involved with food waste reduction and opportunities to explore **(Kick Loads)** trucking and rejected loads carrying perishable food items.
  - Honor to **send out member distribution list along with minutes and the updated charter.**
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### ***Other Information***

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#### **Guests:**

N/A

#### **Resources:**

[Spokane Food Policy Council –](#)

[Food Security and Food Assistance in the Wake of COVID-19: WAFOOD4](#)

[Students | Food and Nutrition Service \(usda.gov\)](#)

[SNAP for College Students](#)

#### **Special notes:**

N/A

#### **Upcoming Dates:**

- Next meeting is July 17, 2023

June 29, 2023, 10:00 a.m.

[The Challenge and Promise of Food is Medicine | NIH Office of Disease Prevention Website](#)

Food insecurity is increasingly recognized as a critical determinant of health. Diet-related diseases are the leading causes of death in the United States. Clinical systems have expressed considerable interest in implementing “food is medicine” programs and interventions to address both food insecurity and diet-related disease. This webinar will explore what food is medicine means in the clinical setting, current program models, the state of the science demonstrating their impact, and selected research gaps.

[Fiscal Year 2024 Agriculture Appropriations Bill Would Worsen Poverty and Hunger in America - Food Research & Action Center \(frac.org\)](#)

#### **House Appropriations Committee Bill Slashes Funding for SNAP, WIC**

On June 14, the House Appropriations Committee marked up its FY 2024 Agriculture-FDA spending bill, along with the full slate of subcommittee allocations for all 12 appropriations bills. The FY 2024 Agriculture Appropriations bill would slash critical federal nutrition programs, especially the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), resulting in the lowest funding allocation since 2006. These programs help keep hunger at bay for people with low incomes in communities across the country. Adopted report language is available here. FRAC strongly opposes this harsh and draconian legislation. Read our statement.

#### **Local:**

[Community Support and Lunch 7.13.23](#)