

Benton-Franklin Health District
www.bfhd.wa.gov

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Benton-Franklin Health District Website
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Washington Department of Health
www.doh.wa.gov

Centers for Disease Control
www.cdc.gov

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Benton-Franklin Health District Offers Drive-Through Flu Shots

FOR IMMEDIATE RELEASE
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KENNEWICK — Benton-Franklin Health District will be offering drive-through flu shots by appointment for adults beginning Monday in Kennewick. Flu vaccines will be available to community members age 19 and older on Monday, Wednesday, and Friday afternoons at the Health District office at 7102 W Okanogan Pl. Appointments are required and can be made by calling 509-460-4200.

Adults being vaccinated will remain in their vehicles and must wear face coverings. High dose vaccines will be offered to those age 65 and older; vaccines for those under 65 are egg-free.

“It’s more important than ever to get vaccinated against influenza,” said Dr. Amy Person, Health Officer. “The vaccine is still the best protection we have against the flu, not only to protect yourself but to keep you from spreading it to others. We may not have a vaccine for COVID-19 yet, but we have one for influenza and we encourage everyone over the age of six months to get one, especially those at higher risk.”

“We’re excited to offer flu shots to our community, despite our office being closed to the public,” said Heather Hill, RN, Communicable Disease Program Manager. “This program allows people who are concerned about being around others to still be able to get their flu vaccine without having to go into a pharmacy or medical office.”

In addition to getting vaccinated, flu prevention tips include washing your hands often, avoid touching your face, cover your cough, and stay home when you’re sick.

Influenza can cause mild to severe illness, and at times can lead to death. Flu usually comes on suddenly and shares many of the same symptoms as COVID-19 . People who have flu often feel some or all of these symptoms:

- Fever or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

Additional information is available from the Washington State Department of Health at <https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Flu>.

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