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## UPDATED COVID-19 TESTING GUIDANCE AND POST-TESTING GUIDANCE FOR PATIENTS

This week, DOH updated our COVID-19 testing guidance for healthcare providers.

### **Test all patients with symptoms consistent with COVID-19, and their close contacts even if they are asymptomatic.**

Healthcare providers should test all patients with new onset of symptom(s) consistent with COVID-19, regardless of their age or health status. Patients should be tested as soon as possible after seeking care, ideally within 24 hours. If healthcare providers are unable to provide testing within this timeframe, patients should be referred to another testing site. Broad testing is strongly encouraged at this time.

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Interim-2019NovelCoronavirusQuicksheetProviders.pdf>

Washington Department of Health (DOH) has produced post-testing instructions for patients who receive COVID-19 testing. Health care providers should ensure that patients receive appropriate instructions as soon as they are tested or referred for testing.

Instructions for **non-essential workers**: The instructions created by DOH are available in 17 languages.

English: <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVID-19-ExposureFeelingBetter.pdf>

Spanish: <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVID-19-ExposuretoFeelingBetter-es.pdf>

All languages:

<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/HealthEducation>

Instructions for **essential workers**:

[BFHD Employee Guidance on Testing – waiting](#) for results

[BFHD Employee Guidance on Testing – received](#) results