

Health Advisory

Benton-Franklin Health District

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Date: August 13, 2018

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Air Quality Advisory For Benton & Franklin Counties

Air quality in Benton and Franklin Counties is rated "Unhealthy," which means that everyone may begin to experience health effects, while members of sensitive groups may experience more serious health effects.

Sensitive groups include:

- Persons with heart or lung disease, including asthma
- Infants and children
- Elderly

Washington Air Quality Advisory (WAQA) recommends that everyone limit time spent outdoors. Everyone should avoid exercising outdoors (including sports teams) and should choose non-strenuous indoor activities. People with asthma, respiratory infection, diabetes, lung or heart disease or those who have had a stroke should stay indoors. Infants, children, pregnant women and those over age 65 should also stay indoors.

If you are indoors, keep the indoor air "healthy" by avoiding burning candles or smoking. With the extreme heat, it is also important to stay as cool as possible.

These conditions are expected to continue for the next several days. Forecasts indicate that air quality will continue to deteriorate over the next 24 hours mostly likely reaching "Very Unhealthy" status which can lead to health effects for all people.

The following websites have information on air quality, including real-time monitoring,

Benton Clean Air Agency http://bentoncleanair.org

Washington Department of Ecology http://www.ecy.wa.gov/programs/air/air_monitoring_data/air_monitoring.htm

Smoke monitoring http://wasmoke.blogspot.com/

www.bfhd.wa.gov Kennewick