

**Benton-Franklin
Health District**
www.bfhd.wa.gov

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Pasco
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Benton-Franklin Health
District Website
www.bfhd.wa.gov

Washington Department
of Health
www.doh.wa.gov

Centers for Disease
Control
www.cdc.gov

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SECOND LOCAL FLU DEATH SINCE JANUARY 1st

January 10, 2019

KENNEWICK — A second Benton County resident has died from influenza-related illness. The woman was in her 80s. It's the second flu-related death in Benton County since the first of the year.

Dr. Amy Person, Health Officer for Benton and Franklin Counties, emphasized that flu activity is increasing and it's not too late to get a flu vaccine. "Twenty people died from the flu last year in our area," said Dr. Person. "Flu activity is picking up, but there is still time to get a flu shot."

Flu shots offer the best protection against influenza. It is offered at pharmacies, health care providers and the Health District.

In addition to getting vaccinated, flu prevention tips include washing your hands often, avoid touching your face, cover your cough and stay home when you're sick.

Additional information is available from the Washington State Department of Health at <https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Flu> and the Centers for Disease Control <https://www.cdc.gov/flu/keyfacts.htm>.

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